

# The Ingles you may not know.



- ✔ We carry **over 4,000 organic products**, including organic and natural brands such as **Harvest Farms**
- ✔ We sell **Organic, USDA Choice, and Prime Beef**
- ✔ Ingles carries **over 2,000 gluten-free items**
- ✔ We sell a large selection of **locally grown and locally produced products**
- ✔ We carry a vast selection of **allergen-free products** at great prices
- ✔ We have **donated over 3900 meals every day since 1993**
- ✔ We have **donated over \$21,000,000** through our 'Tools for Schools' program
- ✔ **AND MUCH, MUCH MORE!**  
**COME VISIT US AT A STORE NEAR YOU TODAY!**

**We LOVE our shoppers!**

# ingles

**LOW PRICES... LOVE THE SAVINGS!™**

ingles-markets.com